

A job that fits provides:

INCOME.

CHOICES.

CONNECTIONS.

SELF-ESTEEM.

PURPOSE.

PARTNERING WITH THE COMMUNITY



OstaraAustralia

RECRUITMENT. TRANSFORMING LIVES



OSTARA AUSTRALIA IS A NOT-FOR-PROFIT ORGANISATION THAT WORKS IN COLLABORATION WITH EMPLOYERS, THE GOVERNMENT AND COMMUNITY ORGANISATIONS TO HELP AUSTRALIANS LIVING WITH MENTAL HEALTH CONDITIONS INCLUDING ANXIETY, BIPOLAR, SCHIZOPHRENIA, DEPRESSION AND OTHER ILLNESSES PREPARE THEMSELVES TO FIND A JOB THAT FITS.

We are the largest mental health specialist within the Disability Employment Services sector, and have contributed to creating more diverse and inclusive workplaces by assisting community organisations achieve positive outcomes for their clients.

OSTARA AUSTRALIA OFFERS YOUR CLIENTS:

- A friendly and dedicated Employment Consultant.
- Personalised support and mentoring every step of the way, including continued support once employed.
- Career counseling to identify suitable and sustainable career pathways based on health conditions.
- Work ready training, goal setting and skill development.
- Assistance with job search, interviews and résumé building.
- A national network of employers.
- Specialist services in mental health.
- Links to wellbeing services.

HOW ARE WE DIFFERENT TO OTHER DISABILITY EMPLOYMENT SERVICES?

- **Mental Health Specialist Provider**

All staff receive mental health awareness training and are experienced in assisting clients living with mental health conditions.

- **Exceptional Customer Service**

We provide a friendly and easy going approach to ensure all clients feel respected and are made to feel good about themselves and the process of seeking employment.

- **Holistic Approach**

We believe employment can only be sustainable if all other aspects of a client's life, including their health and personal issues are taken into account.

- **Tool Building**

We help your clients build the tools they need to be competitive in the employment market through skill development, training, sourcing employment opportunities and personalised support and coaching.

FINDING COMPANY'S EMPLOYEES WHO FIT FOR OVER 20 YEARS

EMPLOYMENT IS PROVEN TO BENEFIT BOTH PHYSICAL AND MENTAL HEALTH BY PROVIDING A VITAL SUPPORT NETWORK, SOCIAL CONTACT AND A SENSE OF BELONGING AND ENGAGEMENT WITHIN THE COMMUNITY.

High unemployment rates are experienced by disadvantaged people not due to a lack of capacity or desire to work, but instead due to reluctance from many employers to engage with them.

Ostara Australia works with employers, the government and community organisations to highlight the many benefits associated with employing disadvantaged job seekers within their organisation by breaking down barriers and opening doors for everyone who wants to work.

HOW DO I GET STARTED?

For a confidential discussion, or to meet with an Ostara Australia Employment Consultant to discuss your business requirements, please contact either your local Ostara Australia Office or Head Office on: **1300 562 7335**.

YOUR LOCAL OSTARA AUSTRALIA OFFICE

1300 JOB SEEK (1300 562 7335)

www.ostara.org.au

www.ajobthatfits.com.au

